

# LIFT UP YOUR HEARTS

Roc O'Connor, SJ

Refrain



Lift up your hearts to the Lord, praise God's gra-cious mer - cy!



Sing out your joy to the Lord, whose love is en - dur - ing.

Verses



1. Shout with joy to the Lord, all the earth!
2. Let the earth wor-ship, sing - ing your praise.
3. God's right hand made a path through the night,
4. Lis - ten now, all you ser - vants of God,



1. Praise the name a - bove all names! Say to God, "How
2. Praise the glo - ry of your name! Come and see the
3. split the wa - ters of the sea. All cre - a - tion,
4. as I tell of these great works. Bless - ed be the



1. won - drous your works, how glo - rious your name!"
2. deeds of the Lord; bless God's ho - ly name!
3. lift up your voice: "Our God set us free!"
4. Lord of my life, whose love shall en - dure!

to Refrain

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## Gloria

Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

## Reading 1: Jb 7:1-4, 6-7

Job spoke, saying: Is not man's life on earth a drudgery? Are not his days those of hirelings? He is a slave who longs for the shade, a hireling who waits for his wages. So I have been assigned months of misery, and troubled nights have been allotted to me. If in bed I say, "When shall I arise?" then the night drags on; I am filled with restlessness until the dawn. My days are swifter than a weaver's shuttle; they come to an end without hope. Remember that my life is like the wind; I shall not see happiness again.

## Responsorial Psalm: Praise the Lord, who heals the brokenhearted.

## Reading 2: 1 Cor 9:16-19, 22-23

Brothers and sisters: If I preach the gospel, this is no reason for me to boast, for an obligation has been imposed on me, and woe to me if I do not preach it! If I do so willingly, I have a recompense, but if unwillingly, then I have been entrusted with a stewardship. What then is my recompense? That, when I preach, I offer the gospel free of charge so as not to make full use of my right in the gospel. Although I am free in regard to all, I have made myself a slave to all so as to win over as many as possible. To the weak I became weak, to win over the weak. I have become all things to all, to save at least some. All this I do for the sake of the gospel, so that I too may have a share in it.

## Gospel: Mk 1:29-39

On leaving the synagogue Jesus entered the house of Simon and Andrew with James and John. Simon's mother-in-law lay sick with a fever. They immediately told him about her. He approached, grasped her hand, and helped her up. Then the fever left her and she waited on them. When it was evening, after sunset, they brought to him all who were ill or possessed by demons. The whole town was gathered at the door. He cured many who were sick with various diseases, and he drove out many demons, not permitting them to speak because they knew him. Rising very early before dawn, he left and went off to a deserted place, where he prayed. Simon and those who were with him pursued him and on finding him said, "Everyone is looking for you." He told them, "Let us go on to the nearby villages that I may preach there also. For this purpose have I come." So he went into their synagogues, preaching and driving out demons throughout the whole of Galilee.

## Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic, and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

# ALLELUIA! SING TO JESUS

HYFRYDOL



1. Al - le - lu - ia! Sing to Je - sus! His the scep-ter, his the  
2. Al - le - lu - ia! King e - ter - nal, Thee the Lord of lords we  
3. Al - le - lu - ia! Al - le - lu - ia! Glo - ry be to God on



1. throne; Al - le - lu - ia! His the tri - umph, His the vic - to-  
2. own. Al - le - lu - ia! Born of Ma - ry, Earth thy foot-stool,  
3. high; Al - le - lu - ia to the Sav - ior Who has won the



1. ry a - lone; Hark! The songs of peace - ful Zi - on  
2. heav'n thy throne: Thou with - in the veil hast en - tered,  
3. vic - to - ry; Al - le - lu - ia to the Spir - it,



1. Thun - der like a might - y flood; Je - sus out of  
2. Robed in flesh, our great High Priest; Thou on earth both  
3. Font of love and sanc - ti - ty; Al - le - lu - ia!



1. ev - 'ry na - tion Hath re - deemed us by his blood.  
2. priest and vic - tim In the Eu - cha - ris - tic feast.  
3. Al - le - lu - ia! To the tri - une maj - es - ty.

Text: 87 87 D; based on Revelation 5:9; William Dix, 1837-1898, and compilers.  
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*Fifth Sunday in Ordinary Time  
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HOLY SPIRIT  
fill our hearts  
with your love



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*The Tri-parish Cluster of  
St. Rose of Lima-Lewiston  
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