

LORD, WHO THROUGHOUT THESE FORTY DAYS

ST. FLAVIAN



1. Lord, who through-out these for - ty days, For us did fast and
2. As you with Sa - tan did con-tend, And did the vic - t'ry
3. As you did hun - ger bear and thirst, So teach us, gra-cious
4. And through these days of pen - i - tence, And through your Pas-sion-
5. A - bidde with us that when this life Of suf - fer - ing is



1. pray, Teach us with you to mourn our sins, And close by you to stay.
2. win, O give us strength in you to fight, In you to con-quer sin.
3. Lord, To die to self, and al - ways live By your most ho - ly word.
4. tide, For - ev - er - more, in life and death, O Lord, with us a - bidde.
5. past, An Ea-ster of un - end - ing joy We may at - tain at last!

Text: CM; Claudia F. Hernaman, 1838–1898, alt. Music: *The Whole Psalmes in Foure Partes*, 1563, alt.

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Confiteor

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Reading 1: Gn 9:8-15

God said to Noah and to his sons with him: “See, I am now establishing my covenant with you and your descendants after you and with every living creature that was with you: all the birds, and the various tame and wild animals that were with you and came out of the ark. I will establish my covenant with you, that never again shall all bodily creatures be destroyed by the waters of a flood; there shall not be another flood to devastate the earth.” God added: “This is the sign that I am giving for all ages to come, of the covenant between me and you and every living creature with you: I set my bow in the clouds to serve as a sign of the covenant between me and the earth. When I bring clouds over the earth, and the bow appears in the clouds, I will recall the covenant I have made between me and you and all living beings, so that the waters shall never again become a flood to destroy all mortal beings.”

Response: Your ways, O Lord, are love and truth to those who keep your covenant.

Reading 2: 1 Pt 3:18-22

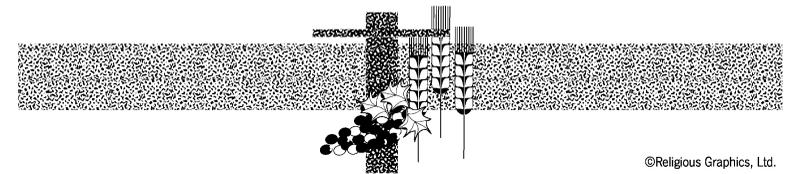
Beloved: Christ suffered for sins once, the righteous for the sake of the unrighteous, that he might lead you to God. Put to death in the flesh, he was brought to life in the Spirit. In it he also went to preach to the spirits in prison, who had once been disobedient while God patiently waited in the days of Noah during the building of the ark, in which a few persons, eight in all, were saved through water. This prefigured baptism, which saves you now. It is not a removal of dirt from the body but an appeal to God for a clear conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers subject to him.

Gospel: Mk 1:12-15

The Spirit drove Jesus out into the desert, and he remained in the desert for forty days, tempted by Satan. He was among wild beasts, and the angels ministered to him. After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: “This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel.”

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic, and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.



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CHANGE OUR HEARTS

Rory Cooney

Refrain



Change our hearts this time, your word says it can be. Change our
minds this time, your life could make us free. We are the peo-
- ple your call set a-part, Lord, this time change our
hearts. hearts. This time change our hearts. This time
change our minds. This time change our hearts, change our hearts.

Verse 1



1. Brought by your hand to the edge of our dreams, one foot in
1. par-a-dise, one in the waste; drawn by your prom-is-es,
1. still we are lured by the shad-ows and the chains we leave be-hind. But

to Refrain

Verses 2, 3



2. Now as we watch you stretch out your hands, of-f'ring a - bun - dan -
3. Show us the way that leads to your side, o - ver the moun-tains _

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CHANGE OUR HEARTS (CONT. 2)



2. ces, _ full - ness of joy. Your milk and hon-ey seem dis-tant, un-
3. _ and sands of the soul. Be for us man-na, _ wa - ter from
to Refrain

2. real, when we have bread and wa - ter in our hands. But
3. stone, _ light which says we nev - er walk a - lone. And

*First Sunday of Lent
February 21, 2021*

LORD **our GOD**
is one

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